



LAKE CENTRAL ATHLETICS

Director of Athletics: Mr. Chris Enyeart

Assistant Director of Athletics: Mr. Jeff Sandor

Administrative Assistant: Mrs. Kathy Kapelinski

Administrative Assistant: Mrs. Erin Graves

OFFICIAL LC ATHLETICS WEBSITE

<http://athletics.lcsc.us>

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Why are we here?

- To provide families information about communications and expectations for the season to better avoid conflicts and problems.
- Review Specific Team Rules
- Open lines of the Parent/Coach communication process

Athletic Philosophy

- Athletics is a part of the total **educational** program experience.
- This should be a positive experience.
- Being an athlete is a privilege not a right.

Coach & Parent Communication

- **Communication You Should Expect From Your Child's Coach :**
 - Team guidelines (rules) regarding: practice, attendance, physical appearance, and lettering policy
 - Practice Schedule with locations and times of all practices and contests.
 - Transportation guidelines
 - Team requirements, i.e., fees, special equipment etc...
 - Procedures should your child be injured during the participation
 - Hazing policy
- **Communication Coaches Expect from Parents:**
 - Notification of any schedule conflicts well in advance.
 - Any concerns expressed directly to the coach.
 - Specific concerns in regard to a coach's philosophy and or/expectations.
- **Appropriate Concerns to Discuss with Coaches:**
 - The treatment of your child, mentally and physically.
 - Ways to help your child improve.
 - Concerns about your child's behavior.
 - We understand that it is very difficult to accept your child not playing as much as you may hope. Coaches are professionals and they make judgment decisions based on what they believe to be best for their teams and all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things must be left to the discretion of the coach.

Coach & Parent Communication (cont.)

- **Issues Not Appropriate to Discuss with Coaches:**
 - Playing time
 - Team strategy
 - Play calling
 - Team Placement
 - Other student-athletes
- **Procedures if you have a Concern to Discuss with the Coach:**
 - Call to make an appointment with the coach. Our athletic website <http://athletics.lcsc.us/> has a complete coaches directory.
 - Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.
 - If the meeting with the coach did not provide a satisfactory resolution contact the athletic director, Mr. Enyeart at 219-365-8551 extension 2051 to make an appointment.

2nd Annual Golf Outing

- All teams (head coaches) will be required to provide a certain amount of foursomes, sponsors and prize basket items based on roster size
- All proceeds will go toward covering as much of the \$60 athletic fee as possible, last year we covered half
- When: September 21, 2019 (1 PM shotgun start)
- Where: White Hawk Country Club

Athletic Fees

- **Athletic Department Fees (\$60.00)**
- Transportation Fee: the fee is \$30.00 (per sport)
- This is a required fee for each sport in which the student participates during the school year.
- Athletes are expected to ride the team bus to and from competitions. There are no exceptions, unless emergency circumstances warrant alternative transportation.
- Fitness Fee (Weight Room & Training Room): the fee is \$30.00 (per sport)
- This is a required fee for each sport in which the student participates during the school year.
- **Lake Central School Corporation Fees (\$100.00)**
- This is a required annual fee for participation in extracurricular activities at Lake Central. This fee is separate from all other fees. Fee is payable online at the LC online store or a check to Lake Central School Corporation

ELIGIBILITY/ATTENDANCE

- **ELIGIBILITY**

- Must maintain exemplary behavior
 - No Conduct Violations
- Must Pass a minimum of 5 classes (9-wks & Semester)
- Grade changes by a teacher need to be in writing, recorded with the guidance office, and submitted to an electronic file before reinstatement

- **ATTENDANCE**

- **For Practice or a Game**
- In order to participate in athletics daily, an athlete must be in attendance by the end of 1st hour on a 4 period day and the end of 2nd hour on a 7 period day.
- Exceptions may include: funerals, court appearances, college visitation...etc.

Code of Conduct and Expectations

- The Code of Expectations is a four year commitment. The code applies to the student's entire extracurricular career at Lake Central on a 24/7/365 basis to conduct both at school and off school grounds.
- Sportsmanship/Behavior
- Personal Relationships
- Technology: content on cell-phones, web pages, etc.
- Drug Testing

Student Code of Conduct

- Type 1 Drugs & Paraphernalia
 - Being arrested for/testing positive/or possessing, using, consuming, or being under the influence of a controlled substance or possession of paraphernalia.
 - 1st offense-Expulsion from athletics/extracurricular activities for 365 days. The expulsion from activities may be reduced to 50% of the current and/or next participating season if the student completes a substance abuse program by a licensed professional (online program not accepted), deliver a certificate of completion to the Athletic Director, referral to their school counselor and completion of 12 school service hours.
 - 2nd offense-Permanent expulsion from athletic and extracurricular participation

- Type 2 Alcohol
 - Possessing, using, consuming, or being under the influence of alcohol.
 - 1st offense-Two game suspension and enrolled in the educational program offered by LCHS weekly.Failure to attend the meeting will result in permanent suspension until the program has been completed.
 - 2nd offense-Expulsion from athletics/ extracurricular activities for 365 days. The expulsion from activities may be reduced to 50% of the current and/or next participating season if the student completes a substance abuse program by a licensed professional (online program not accepted), deliver a certificate of completion to the Athletic Director, referral to their school counselor and completion of 12 school service hours.
 - 3rd offense-Permanent expulsion from athletic/extracurricular participation

- Type 3 Tobacco
 - Possession and/or use of tobacco products and electronic or battery operated devices. These devices include but are not limited to vaporizers, electronic cigarettes, MODS, etc.
 - 1st offense-One game suspension and enrolled in the educational program offered by LCHS weekly. Failure to attend the meeting will result in permanent suspension until the program has been completed.
 - 2nd offense-50% suspension of the current season and/or next participating season, enrolled into the educational program offered by LCHS weekly, referral to their school counselor and completion of 12 school service hours.
 - 3rd offense-Permanent expulsion from athletic/extracurricular participation
- Type 4 Conduct Unbecoming of an Athlete
 - Unlawful conduct, disruptive conduct, hazing, harassment, non-traffic misdemeanor, conduct unbecoming a Lake Central student-athlete.
 - Determined by principal, athletic director, school assistant principal, and/or head coach.

Athlete Pickup & Supervision

- Parents must park in the parking spots on campus and allow student-athletes to walk to the vehicle
- Creating parking lines in front of the complex your child is practicing creates an unsafe environment for parents, athletes, students and visitors to our complex as our campus is always utilized
- Student-Athletes should only be working out on campus under the direct supervision of a LCHS coach

EventLink

- Go to www.eventlink.com and Sign Up
 - Search for School Name
 - Enter Account Information
 - Subscribe to any team or event calendars
 - Activate your email/cell phone notifications
 - Can add or edit subscriptions and notifications within your account at any time

FamilyID (online registration)

- All Athletic participants must complete registration process at <http://www.familyid.com/lake-central-high-school>
- Physical is then turned into the Athletic office and white card is issued to verify that your child is cleared to participate
- This process must be completed each school year (information migrates over).

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Booster Club

- Contributed \$26,100 to athletics towards the 2019-2020 seasons.
- Donations assist to minimize some cost and fees to purchase of equipment and presentation of scholarships.
- LC Booster membership available tonight.
- www.lchsabc.club

Sports Passes

- Will be on sale tonight in the Athletic Office (\$25 for students)
- Stop by and see the different options you have for this season.
- **Thank You for Attending**

Team Meeting Locations

- Boys Cross Country: LGI Room
- Girls Cross Country: South Cafeteria
- Football: Auditorium
- Boys Soccer: North Cafeteria
- Girls Soccer: North Cafeteria
- Tennis: C308
- Volleyball: Main Gym
- Cheerleading: D203