



LAKE CENTRAL ATHLETICS

Director of Athletics: Mr. Chris Enyeart

Assistant Director of Athletics: Mr. Jeff Sandor

Administrative Assistant: Mrs. Cheryl Fulk

Administrative Assistant: Mrs. Erin Graves

OFFICIAL LC ATHLETICS WEBSITE

<http://athletics.lcsc.us>

FOLLOW US ON TWITTER @LCIndians

Athletics Philosophy

- Athletics is a part of the total **educational** program experience.
- This should be a positive experience.
- Being an athlete is a privilege not a right.

Coach & Parent Communication

- **Communication You Should Expect From Your Child's Coach :**
 - Team guidelines (rules) regarding: practice, attendance, physical appearance, and lettering policy
 - Practice Schedule with locations and times of all practices and contests.
 - Transportation guidelines
 - Team requirements, i.e., fees, special equipment etc...
 - Procedures should your child be injured during the participation
 - Hazing policy
- **Communication Coaches Expect from Parents:**
 - Notification of any schedule conflicts well in advance.
 - Any concerns expressed directly to the coach.
 - Specific concerns in regard to a coach's philosophy and or/expectations.
- **Appropriate Concerns to Discuss with Coaches:**
 - The treatment of your child, mentally and physically.
 - Ways to help your child improve.
 - Concerns about your child's behavior.
 - We understand that it is very difficult to accept your child not playing as much as you may hope. Coaches are professionals and they make judgment decisions based on what they believe to be best for their teams and all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things must be left to the discretion of the coach.

Coach & Parent Communication (cont.)

- **Issues Not Appropriate to Discuss with Coaches:**
 - Playing time
 - Team strategy
 - Play calling
 - Team Placement
 - Other student-athletes
- **Procedures if you have a Concern to Discuss with the Coach:**
 - Call to make an appointment with the coach. Our athletic website <http://athletics.lcsc.us/> has a complete coaches directory.
 - Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.
 - If the meeting with the coach did not provide a satisfactory resolution contact the athletic director, Mr. Enyeart at 219-365-8551 extension 2051 to make an appointment.

COVID-19 Protocols

- When to contact the athletic department and school.
 - Close Contact with a person who has tested positive for COVID (within 6 feet for a period of 15 minutes or longer over a 48 hour period)
 - If you are intending to or have been tested for COVID
 - When you develop any of the symptoms listed below
- Symptoms:
 - Fever/Chills, Cough, Shortness of Breath/Difficulty Breathing, Fatigue, Muscle/Body Aches, Headache, New Loss of Taste or Smell, Sore Throat, Congestion/Runny Nose, Nausea or Vomiting, and Diarrhea

COVID-19: When a student, faculty or staff member can return to school



Individual	Symptomatic	No Symptoms
Not Tested with Alternate Explanation (strep, influenza, etc. as determined by a provider)	May return to school after 24 hours resolution of fever AND note (including email and fax) from provider stating the individual has an alternate diagnosis and the provider believes it's appropriate for the patient to return to school.	N/A
Not Tested Without Alternate Explanation	Must remain home for at least 10 days from the first day symptoms appeared AND 24 hours fever-free without fever-reducing medicine and with improvement of symptoms.	N/A
Tested and Negative	1) If no alternative explanation, <i>isolate</i> for at least 10 days from the first day symptoms appeared AND 24 hours fever-free without fever-reducing medications and with improvement of symptoms. OR 2) The individual can return to school if tested negative AND with a note from the provider stating they believe the patient to have an alternate diagnosis and it's appropriate for the patient to return to school.	May proceed with attending school. EXCEPTION: A known close contact (within 6 feet of a confirmed case for more than 15 minutes) must complete a 14-day <i>quarantine</i> , even if test results are negative for COVID-19.
Tested and Positive	Must remain home in <i>isolation</i> for at least 10 days from the date symptoms began AND individual is 24-hours fever free, symptoms have improved. (CDC does not recommend test-based strategy except in certain circumstances, including provider's advice and test availability.)	<i>Isolate</i> at home for 10 days from the day the test was taken. (CDC does not recommend test-based strategy except in certain circumstances, including provider's advice and test availability.) <i>*If the individual develops symptoms, then isolation time starts on day 1 of symptoms (see symptomatic tests positive.)</i>
Close Contact (within 6 feet for more than 15 minutes of someone with confirmed COVID-19)	N/A If an individual becomes symptomatic, refer to the symptomatic scenarios. The individual must <i>quarantine</i> for 14 days after contact with the COVID-19 Positive person even if the student has an alternate diagnosis for symptoms.	<i>Quarantine</i> for 14 days before returning to school. Must remain symptom-free. If individual develops symptoms, then refer to the symptomatic scenarios.

Note: QUARANTINE keeps someone who was in close contact with someone who has COVID-19 away from others.
ISOLATION keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.

Updated:7/21/20



• Student gets tested for COVID-19 at a testing event put on by a community organization. The student was symptom-free when he got the test. The test comes back positive. The student must *isolate* and stay symptom-free for 10 days after the date he took the test.



• Student gets tested for COVID-19 at a testing event put on by a community organization. The student was symptom-free when she got the test. The test comes back positive. The student starts *isolating* for 10 days after the date she took the test. Four days into her *isolation*, she develops a fever and cough. She must now *isolate* at home for at least 10 days and 24 hours fever-free without fever-reducing medicine and with improvement in symptoms. The student ends up *isolating* at home for 14 days.



• Student tests positive and has three siblings in the home or as close contacts who attend other schools. If the siblings have symptoms, they should be tested and report to that school if results are positive. Otherwise, siblings should *quarantine* for 14 days before returning to school. Contacts of the siblings are not considered a close contact unless the siblings test positive themselves.



• Student has a fever, cough, headache and loss of taste and smell. The student goes to get tested and the test is negative. There is at least a 30% chance of having a false negative test. Therefore, it would still be required that this student *isolate* at home for at least 10 days and 24 hours fever-free without medication and with reduction in symptoms or be 24-hours fever free, improved symptoms and results are negative from two consecutive tests more than 24 hours apart (not CDE recommended).



• Student has a fever and sore throat and history of getting strep throat. Student sees her provider, who does a strep test and exam and believes the patient has strep throat and does not have COVID-19. The student may return to school after 24 hours fever-free with a note from her provider stating she may return to school.



• Student has fever, cough, shortness or breath, and loss of taste and smell. His parents do not want to get him tested for COVID-19. Highly recommend that the student get tested so that the proper contact tracing can be done. The student will need to *isolate* at home for at least 10 days and go 24 hours fever-free without use of medication and have a reduction in symptoms. Additionally, if the school is suspicious that the student has COVID-19, the school could do contact tracing and monitoring for others with symptoms..

Lake Central Facility/Spectator Plans

- All plans have been submitted to the Lake County Health Department for approval
- Received Verbal approval and will receive written approval
- Per LCHD, Temperature checks are required for anyone who attends a varsity football contest. A temperature of 100.4 or greater will result in access to the facility being denied.
- Masks are required for entry and must remain on inside the facility
- Seating is reserved for 2 individuals

Football Spectator Requirements

Entrance/Exit-We will utilize 2-4 gates as Entrances and Exits depending on the number of tickets sold. Areas will be marked 6 feet apart for any lines that may develop.

Ticket Sales-All tickets for Football games will be presale only, this allows us to properly plan and staff the event.

Signage and PA Announcements-We will have signage posted throughout the entire Facility for all spectator requirements.

Seating-Each row will be taped marking a 4 foot seating area followed by a 6 foot no Seating area, this will be staggered every row. For example if we start with a 4 foot seating area the next for will begin with a 6 foot no seating area followed by a 4 foot seating area. Diagram for capacity limits on next page.

Spectator Requirements-Masks are required at all times. Maintain proper social distancing. Seating is restricted to areas without tape areas as well as our larger areas available for spectators to stand.

Concession Sales/Lines-All food sold in the two concession stands will be pre-packaged and supervised by an individual that is ServSafe Food Safety Certified. We will have the lines marked with areas spaced 6 feet apart for spectators to stand when waiting to purchase items.

Restrooms-This facility has two male, two female and two family restrooms. Signage will be posted on proper social distancing, washing hands and face mask requirements. stand areas will be marked 6 feet apart for any lines that may occur.

Disinfectant Stations-We will have a portable disinfectant stations strategically placed at all Entrances/Exits and the two concession stands.

Team Locker Rooms-This will be limited to 50% capacity and only utilized as a restroom facility.

VARSIY FOOTBALL FIELD

44'6" (9 ROWS)
82 PERSONS

44'6" (9 ROWS)
82 PERSONS

44'6" (9 ROWS)
64 PERSONS

44'6" (9 ROWS)
64 PERSONS

44'6" (9 ROWS)
82 PERSONS

44'6" (9 ROWS)
82 PERSONS

GAME
FIELD

44'6" (9 ROWS)
82 PERSONS

44'6" (9 ROWS)
82 PERSONS

44'6" (9 ROWS)
64 PERSONS

44'6" (9 ROWS)
64 PERSONS

44'6" (9 ROWS)
82 PERSONS

44'6" (9 ROWS)
82 PERSONS

SEATING

CAPACITY=1232 PERSONS

44'8" (17 ROWS)
160 PERSONS

44'8" (17 ROWS)
160 PERSONS

Soccer Spectator Requirements

Entrance/Exit-We will utilize 1-2 gates as Entrances and Exits. Areas will be marked 6 feet apart for any lines that may develop.

Ticket Sales-All tickets for Soccer games will be sold at the site, any large game that may exceed our spectator limitations will be moved to the football complex.

Signage and PA Announcements-We will have signage posted throughout the entire facility for all spectator requirements.

Seating-Each row will be taped marking a 4 foot seating area followed by a 6 foot no seating area, this will be staggered every row. For example if we start with a 4 foot seating area the next for will begin with a 6 foot no seating area followed by a 4 foot seating area. Diagram for capacity limits on next page.

Spectator Requirements-Masks are required at all times. Maintain proper social distancing. Seating is restricted to areas without tape areas as well as our larger areas available for spectators to stand.

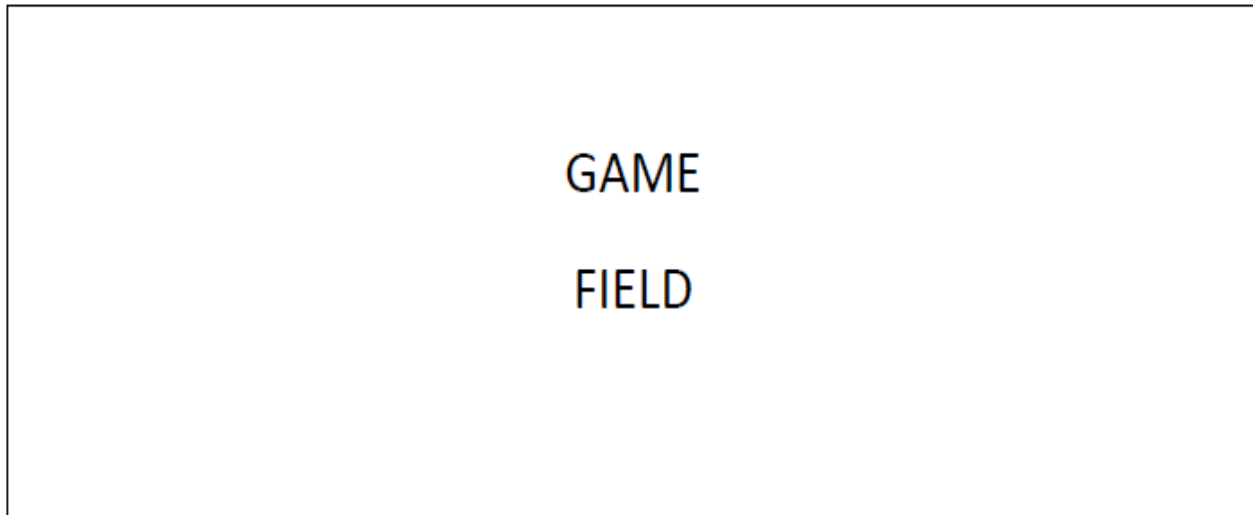
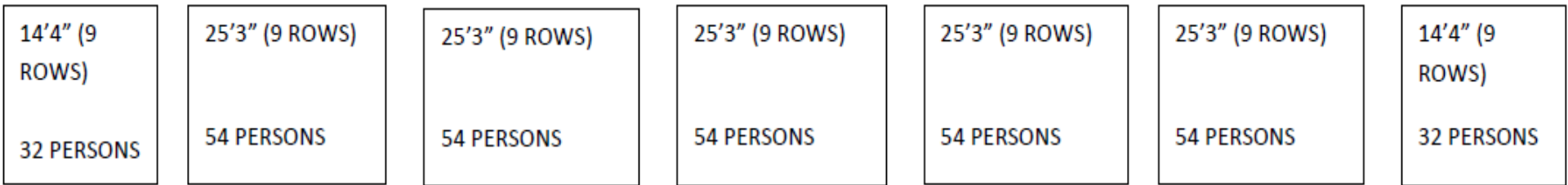
Concession Sales/Lines-All food sold in the concession stands will be pre-packaged and supervised by an individual that is ServSafe Food Safety Certified. We will have the lines Marked with areas spaced 6 feet apart for spectators to stand when waiting to purchase items.

Restrooms-This facility has one male, one female and one family restroom. Signage will be posted on proper social distancing, washing hands and face mask requirements. Standing areas will be marked 6 feet apart for any lines that may occur.

Disinfectant Stations-We will have a portable disinfectant stations strategically placed at all Entrances/exits and the concession stand.

Team Locker Rooms-There are no locker rooms utilized. Team areas will be assigned.

VARSITY SOCCER FIELD



SEATING CAPACITY=334 PERSONS

Volleyball Spectator Requirements

Entrance/Exit-We will utilize 1 main Entrance and there are four Exits. The entrance has 8 Doors. Areas will be marked 6 feet apart for any lines that may develop.

Ticket Sales-All tickets for Soccer games will be sold at the site, any large game that may exceed our spectator limitations will be moved to the football complex.

Signage and PA Announcements-We will have signage posted throughout the entire facility for all spectator requirements.

Seating-Each row will be taped marking a 4 foot seating area followed by a 6 foot no seating area, this will be staggered every row. For example if we start with a 4 foot seating area the next for will begin with a 6 foot no seating area followed by a 4 foot seating area. Diagram for capacity limits on next page.

Spectator Requirements-Masks are required at all times. Maintain proper social distancing. Seating is restricted to areas without tape areas as well as our larger areas available for spectators to stand.

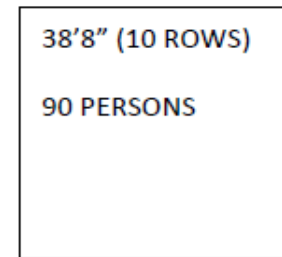
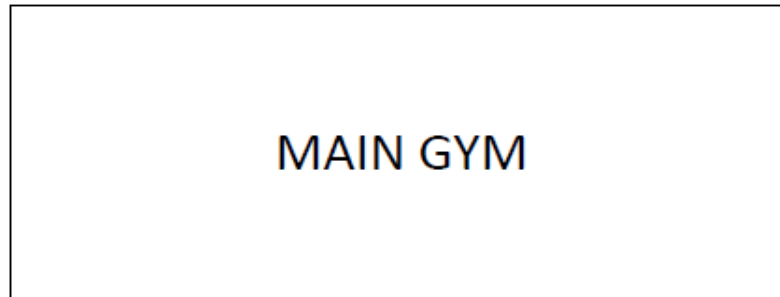
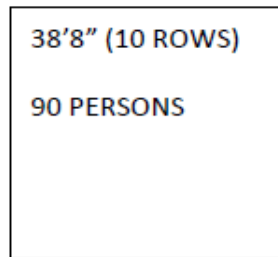
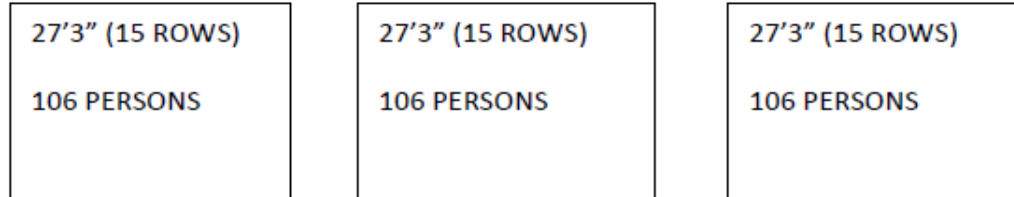
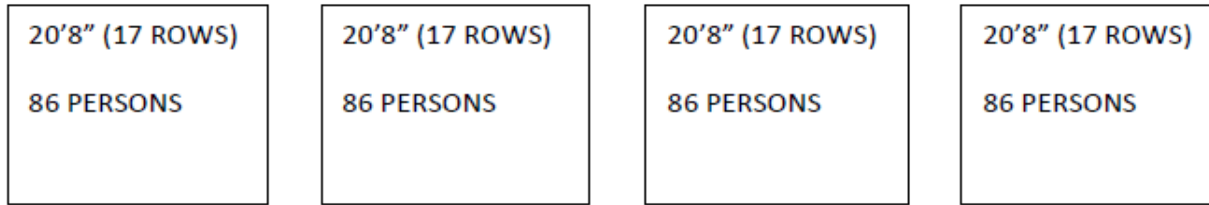
Concession Sales/Lines-All food sold in the concession stands will be pre-packaged and supervised by an individual that is ServSafe Food Safety Certified. We will have the lines Marked with areas spaced 6 feet apart for spectators to stand when waiting to purchase items.

Restrooms-This facility has 8 male, 8 female and one family restrooms. Signage will be posted on proper social distancing, washing hands and face mask requirements. Stand areas will be marked 6 feet apart for any lines that may occur.

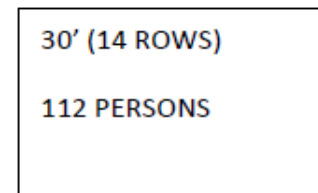
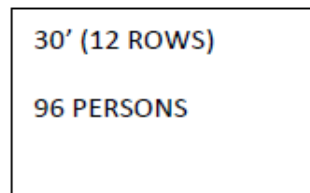
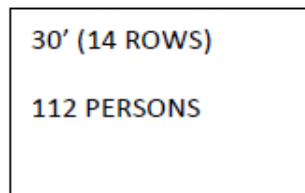
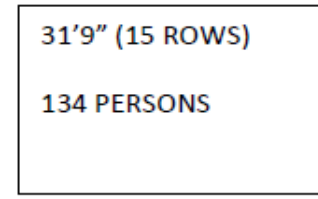
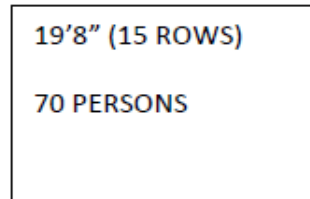
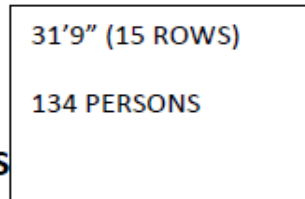
Disinfectant Stations-We will have a portable disinfectant stations strategically placed at all Entrances/exits and the concession stand.

Team Locker Rooms-This will be limited to 50% capacity and only utilized as a restroom facility.

VARSITY VOLLEYBALL GYM



**SEATING
CAPACITY=
1500 PERSONS**



Tennis Spectator Requirements

Entrance/Exit-We will utilize 1 main Entrance/Exit, large walking path from parking lot.

Ticket Sales-We do not sell tickets for Tennis matches but will monitor the number of spectators to ensure we do not exceed capacity.

Signage and PA Announcements-We will have signage posted throughout the entire facility for all spectator requirements.

Seating-Each row will be taped marking a 4 foot seating area followed by a 6 foot no seating area, this will be staggered every row. For example if we start with a 4 foot seating area the next row will begin with a 6 foot no seating area followed by a 4 foot seating area. Diagram for capacity limits on next page. Separate team areas will be designated.

Spectator Requirements-Masks are required at all times. Maintain proper social distancing. Seating is restricted to areas without tape areas as well as our larger areas available for spectators to stand.

Concession Sales/Lines-There will be no concession sales at this site.

Restrooms-This facility has access to the soccer facility restrooms (1 Male, 1 Female and 1 Family)

Disinfectant Stations-We will have a portable disinfectant stations strategically placed at the Tennis courts.

Team Locker Rooms-There are no locker rooms and teams will be assigned an area.

Cross Country Invitational Requirements

Entrance/Exit-We will utilize 1 main Entrance/Exit, large walking path from parking lot.

Ticket Sales-We do not sell tickets for this event.

Signage and PA Announcements-We will have signage posted throughout the entire facility for all spectator requirements.

Spectator Requirements-We are not permitting any outside spectators for this event. It will be limited to team and essential personnel for the event to occur.

Concession Sales/Lines-There will be no concession sales at this site.

Restrooms-This facility has access to the soccer and football facility restrooms

Disinfectant Stations-We will have a portable disinfectant stations strategically placed at the Tennis courts which is located next to the cross country course.

Team Locker Rooms-There are no locker rooms and teams will be assigned an area.

Transportation

- Coaches are required to have assigned seats for all trips on file in the athletic office.
- Masks are required to be worn at all times.
- If you prefer to drive your child to and from contests you must submit the attached request for each event, it is also posted to our athletic website.

Athletic Fees

- **Athletic Department Fees (\$60.00)**
- Transportation Fee: the fee is \$30.00 (per sport)
- This is a required fee for each sport in which the student participates during the school year.
- Athletes are expected to ride the team bus to and from competitions. There are no exceptions, unless emergency circumstances warrant alternative transportation.

- Fitness Fee (Weight Room & Training Room): the fee is \$30.00 (per sport)
- This is a required fee for each sport in which the student participates during the school year.

- **Lake Central School Corporation Fees (\$100.00)**
- This is a required annual fee for participation in extracurricular activities at Lake Central. This fee is separate from all other fees. Fee is payable online at the LC online store or a check to Lake Central School Corporation

ELIGIBILITY/ATTENDANCE

- **ELIGIBILITY**

- Must maintain exemplary behavior
 - No Conduct Violations
- Must Pass a minimum of 5 classes (9-wks & Semester)
- Grade changes by a teacher need to be in writing, recorded with the guidance office, and submitted to an electronic file before reinstatement

- **ATTENDANCE**

- **For Practice or a Game**
- In order to participate in athletics daily, an athlete must be in attendance by the end of 1st hour on a 4 period day and the end of 2nd hour on a 7 period day. We will still verify attendance for eLearners as teachers are required to enter them.
- Exceptions may include: funerals, court appearances, college visitation...etc.

Code of Conduct and Expectations

- The Code of Expectations is a four year commitment. The code applies to the student's entire extracurricular career at Lake Central on a 24/7/365 basis to conduct both at school and off school grounds.
- Sportsmanship/Behavior
- Personal Relationships
- Technology: content on cell-phones, web pages, etc.
- Drug Testing

Student Code of Conduct

- Type 1 Drugs & Paraphernalia
 - Being arrested for/testing positive/or possessing, using, consuming, or being under the influence of a controlled substance or possession of paraphernalia.
 - 1st offense-Expulsion from athletics/extracurricular activities for 365 days. The expulsion from activities may be reduced to 50% of the current and/or next participating season if the student completes a substance abuse program by a licensed professional (online program not accepted), deliver a certificate of completion to the Athletic Director, referral to their school counselor and completion of 12 school service hours.
 - 2nd offense-Permanent expulsion from athletic and extracurricular participation

- Type 2 Alcohol
 - Possessing, using, consuming, or being under the influence of alcohol.
 - 1st offense-Two game suspension and enrolled in the educational program offered by LCHS weekly. Failure to attend the meeting will result in permanent suspension until the program has been completed.
 - 2nd offense-Expulsion from athletics/ extracurricular activities for 365 days. The expulsion from activities may be reduced to 50% of the current and/or next participating season if the student completes a substance abuse program by a licensed professional (online program not accepted), deliver a certificate of completion to the Athletic Director, referral to their school counselor and completion of 12 school service hours.
 - 3rd offense-Permanent expulsion from athletic/extracurricular participation

- Type 3 Tobacco
 - Possession and/or use of tobacco products and electronic or battery operated devices. These devices include but are not limited to vaporizers, electronic cigarettes, MODS, etc.
 - 1st offense-One game suspension and enrolled in the educational program offered by LCHS weekly. Failure to attend the meeting will result in permanent suspension until the program has been completed.
 - 2nd offense-50% suspension of the current season and/or next participating season, enrolled into the educational program offered by LCHS weekly, referral to their school counselor and completion of 12 school service hours.
 - 3rd offense-Permanent expulsion from athletic/extracurricular participation
- Type 4 Conduct Unbecoming of an Athlete
 - Unlawful conduct, disruptive conduct, hazing, harassment, non-traffic misdemeanor, conduct unbecoming a Lake Central student-athlete.
 - Determined by principal, athletic director, school assistant principal, and/or head coach.

Athlete Pickup & Supervision

- Parents must park in the parking spots on campus and allow student-athletes to walk to the vehicle
- Creating parking lines in front of the complex your child is practicing creates an unsafe environment for parents, athletes, students and visitors to our complex as our campus is always utilized
- Student-Athletes should only be working out on campus under the direct supervision of a LCHS coach

EventLink

- Go to www.eventlink.com and Sign Up
 - Search for School Name
 - Enter Account Information
 - Subscribe to any team or event calendars
 - Activate your email/cell phone notifications
 - Can add or edit subscriptions and notifications within your account at any time

FamilyID (online registration)

- All Athletic participants must complete registration process at <http://www.familyid.com/lake-central-high-school>
- Physical is then turned into the Athletic office and white card is issued to verify that your child is cleared to participate
- This process must be completed each school year (information migrates over).

LAKE CENTRAL ATHLETICS

Booster Club

- Contributed \$26,100 to athletics towards the 2019-2020 seasons.
- Donations assist to minimize some cost and fees to purchase of equipment and presentation of scholarships.
- LC Booster membership available tonight.
- www.lchsabc.club

Sports Passes

- Sports passes will not be sold at this time.
- Cost is \$6 per contest
- We will do our best to utilize LCTV to broadcast as many events as possible on YouTube.